

# INJECTABLE THERAPIES

A variety of injectable therapies are used in pain management procedures.

## Cortisone

Cortisone is a **steroid** that acts as an anti-inflammatory and can be injected into soft tissue and joints. It is helpful for treating pain caused by arthritis, injury or inflammation around a tendon. *Covered by Alberta Health Care or the patient if no valid PHN or 3<sup>rd</sup> party*

## Monovisc

Monovisc is a **hyaluronic acid** lubricating fluid option that is used for the symptomatic treatment of OA pain in joints. **Large kit. \$275**

## Orthovisc

Orthovisc is a **hyaluronic acid** lubricating fluid option that is used for the symptomatic treatment of OA pain in joints. **Small kit. \$135**

## DUROLANE

DUROLANE is a single injection treatment to relieve the pain of osteoarthritis in large joints. **Alternative to Monovisc. \$275**

## Cingal

Cingal is a single injection containing both a **steroid + hyaluronic acid** lubricating fluid option that is used for immediate and long-lasting pain relief. **\$350**

## SportVis

SportVis is a **hyaluronic acid** injection treatment that is clinically demonstrated to relieve pain and restore function in damaged tendons and ligaments, soft tissue. Great for tendinitis type issues (tennis elbow). **\$275**

## Botox

Botox is a purified complex protein indicated in the treatment of adults with **chronic migraine headaches**.

*\$795.52 per injection -coverage dependent, typical out of pocket costs are ~\$160 (additional cost of \$114.02 for patients over the age of 65)*

## Platelet Rich Plasma (PRP)

In this procedure, blood is drawn and centrifuged to extract platelet rich plasma, a concentrated source of healing factors. This is then injected back into the affected area to enhance the natural healing process and reduce pain. This injection is commonly used to treat injured tendons. Clear PRP has an additional centrifuged process.

*Large Kit Clear \$545*

*Small Kit Clear \$445*

*Intradiscal 30ml \$800*

*Large Kit Standard PRP \$500*

*Small Kit Standard PRP \$425*

*Intradiscal 60ml \$900*