

Injectable Therapies Available at CDC

A variety of injections can be used in pain management procedures.

These injections aim to reduce inflammation and restore the synovial fluid's viscoelastic properties, providing lubrication and shock absorption. While all these agents have demonstrated efficacy in reducing pain and improving function, the choice of agent should be tailored to the individual patients' needs and clinicians' experience. If you are unsure which therapy to choose, our experienced Radiologists can assess the patient and help you select the proper treatment. Please select option 3 'Assessment' box on the Pain Management Requisition.

Cortisone

Cortisone is a **steroid** that acts as an anti-inflammatory and can be injected into soft tissue and joints. It helps treat pain caused by arthritis, injury or inflammation around a tendon. **Covered by Alberta Health Care**

Cingal

Cingal is a single injection containing **both a steroid and hyaluronic acid lubricating fluid option** that is used for immediate and long-lasting pain relief. Fast pain relief as soon as week one and lasts up to six months. **4CC=\$350**

Monovisc

Monovisc is a **high molecular weight, non-crosslinked Hyaluronic Acid** option used to treat OA pain in joints. It typically provides pain relief for 2-4 weeks following the procedure, with results lasting for up to six months. **4CC=\$275**

Durolane

Durolane is a **non-animal stabilized Hyaluronic acid (NASHA)** treatment that relieves osteoarthritis pain for up to six months. **3CC=\$275**

Synolis

Synolis is a unique combination of **hyaluronic acid and sorbitol**, which is lubricating and used for the symptomatic treatment of OA pain in joints. **4CC=\$275**

SportVis

SportVis contains STABHA (Soft tissue adapted biocompatible hyaluronic acid), The only Hyaluronic acid approved by Health Canada, an innovative soft tissue injury treatment that offers effective pain relief and restores function in damaged tendons and ligaments. Great for tendinitis-type issues (Tennis elbow, Sprained Ankle). 2.4CC=\$295

Platelet Rich Plasma (PRP)

Platelet-rich plasma (PRP) is a concentrated source of healing factors. It is injected into the affected area to enhance natural healing and reduce pain. Its effectiveness can last from nine months to two years. This injection is commonly used to treat injured tendons. Clear PRP has an additional centrifuged process.

Small Kit Standard \$425, Large Kit Standard \$500
Intradiscal 30ml \$800, Intradiscal 60ml \$900

Botox

Botox is a purified complex protein indicated in the treatment of adults with chronic migraine headaches.

\$830 per 200 units for chronic migraine treatment -coverage dependent,
typical out-of-pocket costs are ~\$160
(additional cost of \$114.02 for patients over the age of 65)

Other Procedures for Pain Management at CDC

- Headache Injections
 - 3rd Occipital Nerve
 - Greater & Lesser Occipital Nerves
 - TMJ Botox
 - Sphenopalatine Ganglion Block (Calgary)
- Cervical Facets & Epidurals
 - Branch Blocks
 - Radiofrequency Neurotomy
 - Facet Joint Injection