

## Patient & Appointment Information

Date of Requisition: DD/MM/YY

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_  
Home Phone \_\_\_\_\_ Other Phone \_\_\_\_\_  
DOB DD/MM/YY  Male  Female  Other \_\_\_\_\_ Weight lbs  kg   
AHC# \_\_\_\_\_ WCB#/Accident Date DD/MM/YY \_\_\_\_\_

## Physician

Referring Physician \_\_\_\_\_  
Clinic \_\_\_\_\_  
Phone \_\_\_\_\_  
Fax \_\_\_\_\_  
Copy to Dr. \_\_\_\_\_  
Fax Copy to Dr. \_\_\_\_\_  
PRAC ID \_\_\_\_\_  
Signature \_\_\_\_\_

Appt. Date \_\_\_\_\_ Time \_\_\_\_\_ CDC Site \_\_\_\_\_

Find your location at: [canadadiagnostics.ca/locations/](http://canadadiagnostics.ca/locations/)

### 1 Clinical History / Special Requests

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### 2 Allergies Latex X-ray Contrast/Dye Other Medication Anticoagulation Antibiotic Other

### 3 Assessment Further assess patient to develop treatment plan Rehabilitation Facilitate post-procedure physical rehabilitation

### 4 Repeat Repeat all instructions No. of Times MD Initials

### 5 Peripheral Procedures

CDC will use steroid for peripheral procedures unless otherwise indicated

Therapy Choice  Steroid  Botox®\*  Durolane\*  Platelet Rich Plasma (PRP)\*  
All can be supplied by CDC  Monovisc®\*  Orthovisc®\*  Cingal\*  SportVis™\*

#### Shoulder

Shoulder (Not specified) R  L   
 Subacromial Bursa R  L   
 Glenohumeral Joint R  L   
 Hydrodilatation for adhesive capsule R  L   
 AC Joint R  L   
 Biceps Tendon (Long head) R  L   
 Tendon Calcification (>5 mm) R  L

#### Elbow

Elbow Joint R  L   
 Lateral Epicondylitis R  L   
 Medial Epicondylitis R  L   
 Olecranon Bursa R  L

#### Wrist and Hand

Radiocarpal Joint R  L   
 1<sup>st</sup> CMC Joint R  L   
 Carpal Tunnel R  L   
 DeQuervain's Tenosynovitis R  L   
 Trigger Finger R  L   
 Ganglion Cyst R  L

#### Other Joint/Tendon/Bursa

#### Knee

Knee Joint R  L   
 Baker's Cyst R  L

#### Hip and Pelvis

Hip Joint R  L   
 Greater Trochanteric Bursa R  L   
 Gluteus Tendon (PRP)\* R  L   
 Iliopsoas Bursa R  L   
 Ischial Bursa R  L   
 Piriformis Syndrome R  L   
 Meralgia Paresthetica R  L   
 Symphysis Pubis R  L

#### Ankle and Foot

Ankle Joint (Tibiotalar) R  L   
 Subtalar Joint R  L   
 1<sup>st</sup> MTP Joint R  L   
 Achilles Tendon (PRP)\* R  L   
 Retrocalcaneal Bursa R  L   
 Plantar Fascia R  L   
 Ganglion Cyst R  L   
 Morton's Neuroma R  L

### 5 Spinal Procedures

#### Lumbar Facets & Epidurals

Stage 1:  
Facet Joint Injections L1/L2 R  L   
 Stage 2a:  
Branch Block Test L2/L3 R  L   
L3/L4 R  L   
 Stage 2b:  
Radiofrequency L4/L5 R  L   
Neurotomy L5/S1 R  L   
SI Joint R  L   
 Lumbar L1/L2 R  L  L1 Lumbar   
Epidural L2/L3 R  L  L2 Selective  
Injection L3/L4 R  L  L3 Nerve  
L4/L5 R  L  L4 Root  
L5/S1 R  L  L5 Block  
S1 R  L  S1  
 Interlaminar L3/L4  L5/S1  
ESI L4/L5  Caudal ESI

Lumbar Intradiscal Steroid (Modic I changes on MRI)  
 Lumbar Intradiscal PRP (Annular tear on MRI)

Pars Interarticularis \_\_\_\_\_ R  L   
 Coccyx

Thoracic Facet Joint \_\_\_\_\_ R  L

#### Cervical Facets & Epidurals

Stage 1: C2/C3 R  L  Cervical   
Facet Joint Injection C3/C4 R  L  Epidural  
 Stage 2a: C4/C5 R  L  Steroid  
Branch Block Test C5/C6 R  L  Injection  
 Stage 2b: C6/C7 R  L  (Transfacet)  
Radiofrequency C7/T1 R  L  Neurotomy

## Headache

3<sup>rd</sup> Occipital Nerve R  L   
 Greater & Lesser Occipital Nerves R  L   
 Botox® for Chronic Migraine\*  
 TMJ Botox R  L   
 TMJ Joint Injection R  L   
 Sphenopalatine Ganglion Block (Bilateral)

### Booking An Appointment

Appointments may be booked by either the practitioner or the patient, please have healthcare card and requisition form available.

### PLEASE BRING THIS REQUISITION FORM AND HEALTHCARE CARD TO YOUR EXAM

- Arrive 15 minutes prior to your exam unless notified otherwise
- Our clinics are scent free - Please refrain from the wearing of scented products
- Please bring an adult to supervise children under the age of 12

Ph CGY: 403.212.5855

Toll-Free Ph: 1.877.420.4CDC (4232)

Fax CGY: 403.253.4669

Toll-Free Fax: 1.877.919.3291

Email: [appointments@CanadaDiagnostics.ca](mailto:appointments@CanadaDiagnostics.ca)

Online Requests: [CanadaDiagnostics.ca](http://CanadaDiagnostics.ca)

## Locations

### Northwest

- 1. Brentwood**  
830-3630 Brentwood Rd NW, T2L 1K8  
Ph: 403.338.4000 | Fax: 403.210.0075  
Pain Management | Walk-in X-ray  
Ultrasound | GI Studies
- 2. Symons Valley**  
32-12192 Symons Valley Rd NW, T3P 0A3  
(Creekside Shopping Centre)  
Ph: 403.212.5640 | Fax: 403.212.5642  
Pain Management | Walk-in X-ray  
Ultrasound | Mammography | GI Studies  
Bone Mineral Densitometry

### Southwest

- 3. Chinook\***  
1-6020 1A St SW, T2H 0G3  
Ph: 403.253.4666 | Fax: 403.301.2073  
Pain Management | Private MRI/CT  
Walk-in X-ray | Ultrasound | GI Studies
- 4. Glenmore Landing**  
D270-1600 90 Ave SW, T2V 5A8  
Ph: 403.252.5882 | Fax: 403.640.2948  
Pain Management | Walk-in X-ray  
Ultrasound | Mammography
- 5. Calgary Women's Imaging Centre\***  
20 Richard Way SW, T3E 7M9  
Ph: 403.685.3123 | Fax: 403.685.3235  
Pain Management | Women's Imaging | Ultrasound  
Mammography | Bone Mineral Densitometry
- 6. Westhills**  
200A Stewart Green SW, T3H 3C8  
Ph: 403.685.6175 | Fax: 403.685.6199  
Pain Management | Walk-in X-ray  
Ultrasound | Mammography | GI Studies  
Bone Mineral Densitometry

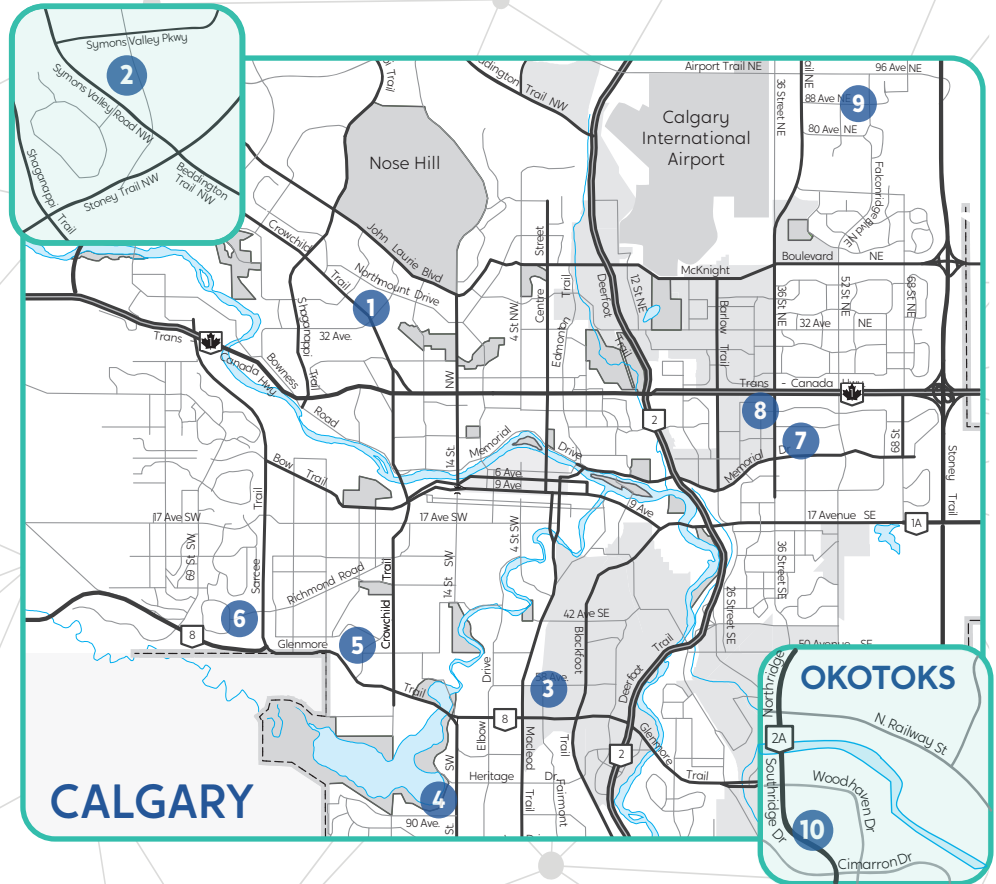
### South of Calgary

- 10. Okotoks**  
141-31 Southridge Dr, T1S 2N3  
Ph: 403.995.2727 | Fax: 403.995.2737  
Pain Management | Walk-in X-ray  
Ultrasound | Mammography | GI Studies  
Bone Mineral Densitometry

\*X-ray not available at this location

### Northeast

- 7. Marlborough**  
411 Marlborough Way NE, T2A 7E7  
Ph: 403.273.9002 | Fax: 403.569.8097  
Pain Management | Kid's Imaging  
Walk-in X-ray | Ultrasound  
GI and GU Studies
- 8. Pacific Place**  
1010-999 36 St NE, T2A 7X6  
Ph: 403.215.2900 | Fax: 403.215.2920  
Pain Management | Nuclear Medicine  
Women's Imaging | Walk-in X-ray  
Ultrasound | GI Studies | Mammography  
Bone Mineral Densitometry
- 9. Savanna**  
8130-5850 88 Ave NE, T3J 0Z7  
Ph: 403.212.7650 | Fax: 403.212.7655  
Pain Management | Walk-in X-ray  
Ultrasound | Mammography



## Exam Preparation

You may also visit [prepare.CanadaDiagnostics.ca](http://prepare.CanadaDiagnostics.ca)

Continue to take all regular medications as prescribed by your doctor.

Please be aware that your doctor may need to prescribe medication changes prior to your procedure if you are on blood thinners. You must inform us of any blood thinner medications you are taking at the time of booking.

If possible, do not take any extra pain medications on the day of your exam. This allows us to better assess your response to our treatment.

If your doctor has prescribed a medication for us to inject, please call us as we can likely provide it to you directly.

Gowns are provided for your comfort. If you prefer to wear your own clothing and full undergarments, be advised that your clothing could be accidentally stained by disinfectant.

Once treatment is complete, a technologist will ask that you remain in the waiting area for 10 minutes and will re-evaluate your pain level.

Please refrain from any heavy lifting or strenuous activities for at least 24 hours following your treatment, or as prescribed by your doctor.

Serious complications are extremely rare but can happen. It may be normal to experience some mildly increased pain and discomfort the day after your procedure. However, if you suffer steadily worsening pain, experience fever/chills or any sign of infection, develop new numbness or weakening in your limbs, or lose normal bladder/bowel control, contact your doctor immediately. If your doctor is unavailable, proceed directly to the nearest hospital Emergency Department. Failure to do so may result in permanent disability.

All procedures have the potential to affect your ability to operate a motor vehicle. Canada Diagnostic Centres recommends that you arrange transportation to and from the exam.

### Special instructions for your cervical procedure, nerve root block, epidural or radiofrequency neurotomy

You must always be accompanied by an adult to and from your appointment. You must arrange for transportation to and from your appointment. Failure to comply with the instructions above will result in your appointment being rescheduled.