



## Booking An Appointment

Appointments may be booked by either the practitioner or the patient, please have healthcare card and requisition form available.

## PLEASE BRING THIS REQUISITION FORM AND HEALTHCARE CARD TO YOUR EXAM

- Arrive 15 minutes prior to your exam unless notified otherwise
- Our clinics are scent free - Please refrain from the wearing of scented products
- Please bring an adult to supervise children under the age of 12

Ph CGY: 403.212.5855  
Toll-Free Ph: 1.877.420.4CDC (4232)  
Fax CGY: 403.253.4669  
Toll-Free Fax: 1.877.919.3291  
Email: [appointments@CanadaDiagnostics.ca](mailto:appointments@CanadaDiagnostics.ca)  
Online Requests: [CanadaDiagnostics.ca](http://CanadaDiagnostics.ca)

## Locations

### Northwest

- 1. Brentwood**  
830-3630 Brentwood Rd NW, T2L 1K8  
Ph: 403.338.4000 | Fax: 403.210.0075  
Pain Management | Walk-in X-ray  
Ultrasound | GI Studies
- 2. Symons Valley**  
32-12192 Symons Valley Rd NW, T3P 0A3  
(Creekside Shopping Centre)  
Ph: 403.212.5640 | Fax: 403.212.5642  
Pain Management | Walk-in X-ray  
Ultrasound | Mammography | GI Studies  
Bone Mineral Densitometry

### Southwest

- 3. Chinook**  
1-6020 1A St SW, T2H 0G3  
Ph: 403.253.4666 | Fax: 403.301.2073  
Pain Management | Private MRI/CT  
Walk-in X-ray | Ultrasound | GI Studies
- 4. Glenmore Landing**  
D270-1600 90 Ave SW, T2V 5A8  
Ph: 403.252.5882 | Fax: 403.640.2948  
Pain Management | Walk-in X-ray  
Ultrasound | Mammography
- 5. Calgary Women's Imaging Centre\***  
20 Richard Way SW, T3E 7M9  
Ph: 403.685.3123 | Fax: 403.685.3235  
Pain Management | Women's Imaging | Ultrasound  
Mammography | Bone Mineral Densitometry
- 6. Westhills**  
200A Stewart Green SW, T3H 3C8  
Ph: 403.685.6175 | Fax: 403.685.6199  
Pain Management | Walk-in X-ray  
Ultrasound | Mammography | GI Studies  
Bone Mineral Densitometry

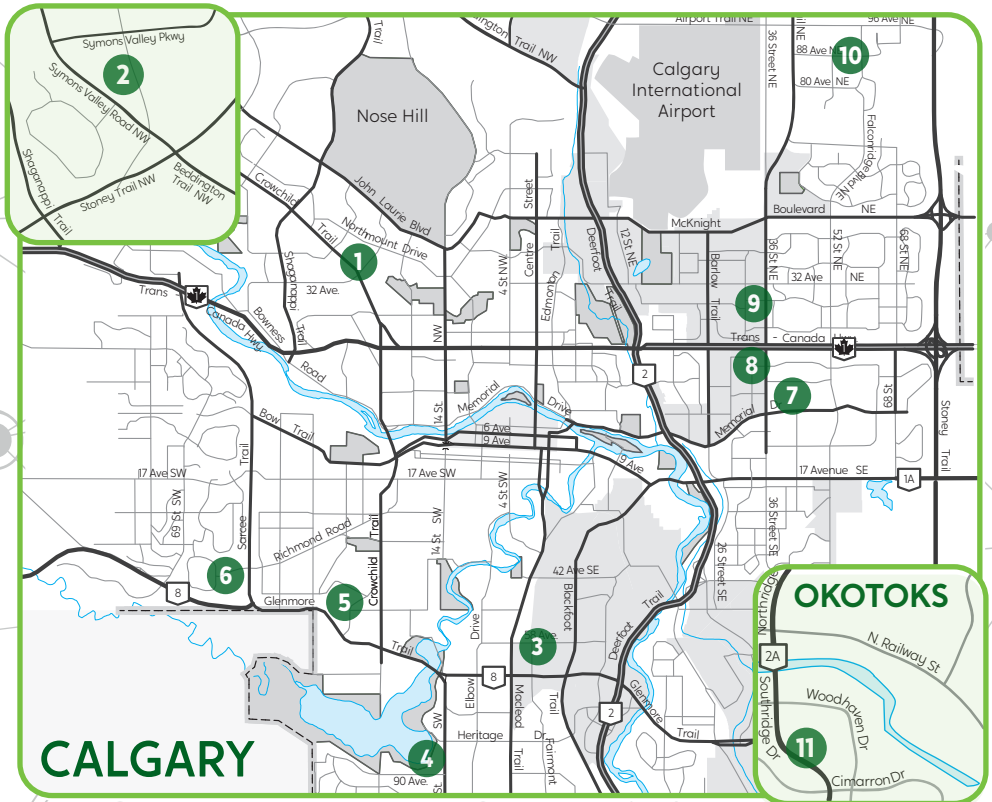
### South of Calgary

- 11. Okotoks**  
141-31 Southridge Dr, T1S 2N3  
Ph: 403.995.2727 | Fax: 403.995.2737  
Pain Management | Walk-in X-ray  
Ultrasound | Mammography | GI Studies  
Bone Mineral Densitometry

\*X-ray not available at this location

### Northeast

- 7. Marlborough**  
411 Marlborough Way NE, T2A 7E7  
Ph: 403.273.9002 | Fax: 403.569.8097  
Pain Management | Kid's Imaging  
Walk-in X-ray | Ultrasound | GI and GU Studies
- 8. Pacific Place**  
1010-999 36 St NE, T2A 7X6  
Ph: 403.215.2900 | Fax: 403.215.2920  
Pain Management | Nuclear Medicine  
Women's Imaging | Walk-in X-ray | Ultrasound  
Mammography | GI Studies | Bone Mineral Densitometry
- 9. Sunridge**  
3-2675 36 St NE, T1Y 6H6  
Ph: 403.291.3315 | Fax: 403.291.9308  
Walk-in X-ray | Ultrasound  
Mammography | Bone Mineral Densitometry
- 10. Savanna**  
8130-5850 88 Ave NE, T3J 0Z7  
Ph: 403.212.7650 | Fax: 403.212.7655  
Pain Management | Walk-in X-ray  
Ultrasound | Mammography



## Exam Preparation

You may also visit [prepare.CanadaDiagnostics.ca](http://prepare.CanadaDiagnostics.ca)

### ULTRASOUND

#### BLADDER, PELVIS OR PREGNANCY UNDER 28 WEEKS

This exam requires a full bladder. DRINK AND FINISH 1 liter (32 oz.) of water 1 hour prior to appointment time. DO NOT empty bladder until after the examination. If your bladder is not full, the examination may have to be rescheduled. You may eat your regular meals and/or snack prior to the exam.

#### BIOPHYSICAL PROFILE OR PREGNANCY 28 WEEKS AND OVER

This exam requires a partially full bladder. DRINK AND FINISH 500 ml (16 oz.) of water 45 minutes prior to appointment time. DO NOT empty bladder until after the examination. If your bladder is not full, the examination may have to be rescheduled. Eat regular meals and/or have a snack 30 minutes prior to appointment time.

#### ABDOMEN

DO NOT eat, drink or consume anything by mouth 8 hours prior to examination. NO water, other liquids, chewing gum, lozenges or food 8 hours before exam. No smoking 4 hours prior to exam.

#### ABDOMEN AND PELVIS

DRINK AND FINISH a minimum of 1 liter (32 oz.) of water 1 hour prior to appointment time. You must have a full bladder for this exam. DO NOT eat, drink or consume anything else by mouth (other than water) for 8 hours prior to examination: no other liquids, chewing gum, lozenges or food 8 hours before exam. No smoking 4 hours prior to exam.

#### MAMMOGRAPHY

DO NOT wear deodorant or body powder the day of the exam. If you have premenstrual tenderness in your breasts, it is advisable to schedule your appointment after it has subsided. Also AVOID caffeine intake beginning 2 days prior to your exam.

#### BONE MINERAL DENSITOMETRY

DO NOT take any MULTIVITAMINS, CALCIUM, or IRON BEFORE your exam. You may take them AFTER your exam.

#### PAIN MANAGEMENT INJECTIONS

It is not recommended that you operate a motor vehicle after your procedure. Please arrange for a driver or other transportation. For nerve root block or epidural injections, patients MUST have a driver present or other transportation.

### KID'S IMAGING

Please use Kid's Imaging requisition form. For detailed instructions please visit: [prepare.CanadaDiagnostics.ca](http://prepare.CanadaDiagnostics.ca).

### FLUOROSCOPY

#### UPPER GI or SMALL BOWEL FOLLOW THROUGH or ABDOMINAL U/S + UGI

This exam may not be possible if there is a chance of pregnancy and may need to be deferred to a later date. DO NOT eat, drink, or consume anything by mouth 12 hours prior to examination (ie. No water or liquids, chewing gum, throat lozenges or food 12 hours before exam. No smoking 4 hours prior to exam). If you are diabetic please consult your doctor.

### WALK-IN X-RAY

This exam may not be possible if there is a chance of pregnancy and may need to be deferred to a later date. It is recommended that you dress comfortably. Please avoid clothing that has zippers, snaps, buttons and/or beading near the area to be scanned.

### MRI

#### ABDOMINAL or PELVIC

Nothing to eat or drink for 4 hours prior to your exam.

#### PROSTATE EXAM PREPARATION

Do not eat any solid food 24 hours prior to your exam. You may have clear fluids only (Chicken/beef broth, Jell-O, apple juice, etc) for 4 hours prior to your exam. Stay well hydrated.

Take a PEG 3350 laxative 24 hours before your appointment. We recommend LAX-A Day or RestoraLAX, which can be purchased at any local drug store.

### CT

Detailed separate instructions sheets available. Please call 403.212.5855.

### NUCLEAR MEDICINE

Detailed separate instructions sheets available. Please call 403.215.2937.